

20th ERNA GENERAL MEETING

10/10/2019

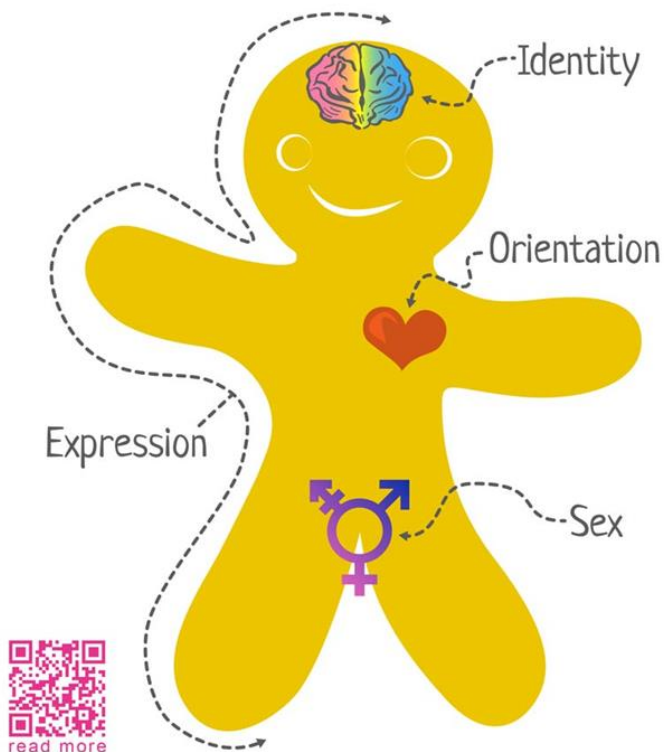
LGBTIQ+ community center CIGALE

The origins of the LGBTIQ+ center CIGALE

- lack of any specific services providing LGBTIQ+ related support
- constant growth of individual & professional requests
- discomfort and limits when taking care of LGBTIQ+ clients
- growing need/ lack of offer
- need to set up a project

The Genderbread Person

by www.ItsPronouncedMetrosexual.com



 **Gender Identity**

Woman Genderqueer Man

Gender identity is how you, in your head, think about yourself. It's the chemistry that composes you (e.g., hormonal levels) and how you interpret what that means.

 **Gender Expression**

Feminine Androgynous Masculine

Gender expression is how you demonstrate your gender (based on traditional gender roles) through the ways you act, dress, behave, and interact.

 **Biological Sex**

Female Intersex Male

Biological sex refers to the objectively measurable organs, hormones, and chromosomes. Female = vagina, ovaries, XX chromosomes; male = penis, testes, XY chromosomes; intersex = a combination of the two.

 **Sexual Orientation**

Heterosexual Bisexual Homosexual

Sexual orientation is who you are physically, spiritually, and emotionally attracted to, based on their sex/gender in relation to your own.

The CIGALE is mainly aiming

- gay, lesbian, bisexual, transgender, intersex, asexual or queer people as well as their social environment
- (elementary) schools, high schools, youth centers and any other services addressing children and youngsters
- all kinds of professionals working in any social or educational domain
- anyone interested in topics as sexual orientation and gender identity

The main services offered by CIGALE are the following

- info, advice and socio-pedagogical support,
- various group activities (for men, women, youngsters, LGBTIQ+ refugees etc.),
- weekly HIV-STI screening,
- awareness-raising activities related to LGBTIQ+
- various training offers for professionals working in any kind of social or educational field
- library specialized in LGBTIQ+ topics.

cigale

centre d'information
gay et lesbien

Specific offers regarding

ANERE WEE

schwi

CENTRE D'I

QUEER

Dis
po

www.rosa-luxembourg.org

f Rosa Lëtzebu

croix-rou

luxembourg



igal



Intersex Awareness Day 26 October

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gay et lesbien



T'AS UN COPAIN OU UNE COPINE? - JE DEMANDAIS SI CELA ETAIT IMPORTANT POUR NO
FLECHE BESTANDDEEL VUN MIR WAERT SINN. SE CACHER, SE POSER BEAUCOUP DE QUEST
DE MA VIE : QUE DES QUESTIONS, PAS DE REPONSES. DEN HAAPTMESSAGE, DEEN ECH DI
WEI KLOER: ET WAR OK ESOU WEI ET WART ECH WAR OK ESOU WEI ECH WART LA PANIQUE

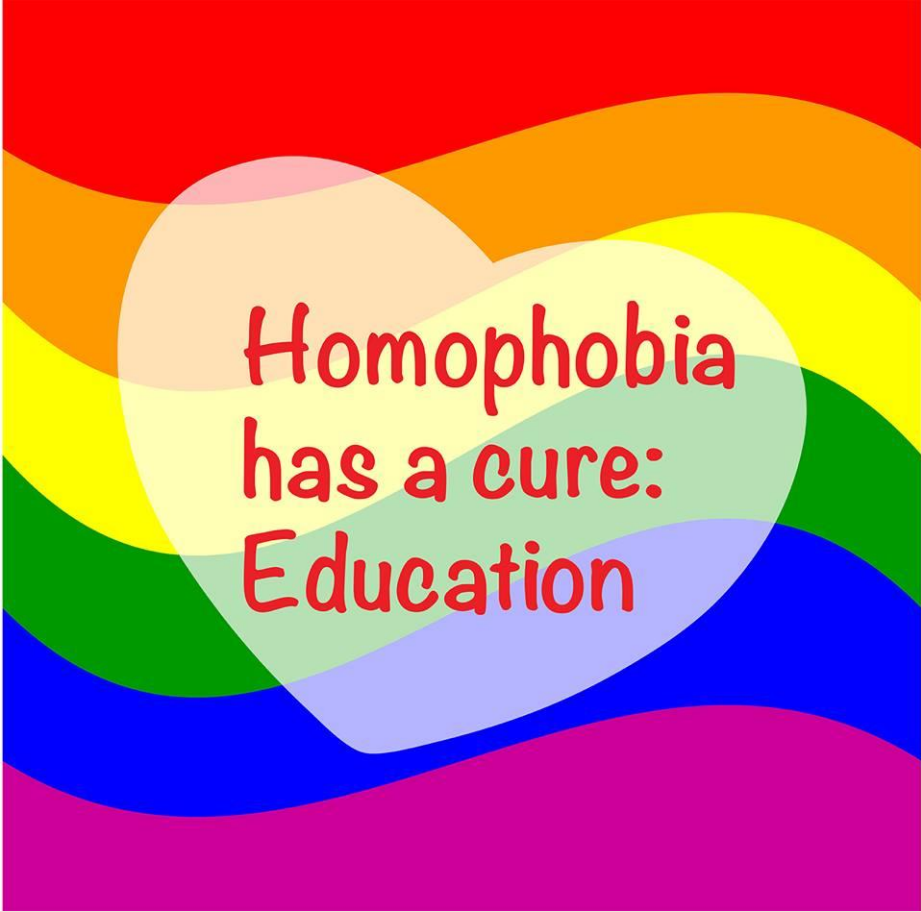
COMING OUT

HAERZ HUET EE SPRONG GEMAACH - ECH HUNN DECH GAER - ECH WAR MIR 100% SECHEL
ESOU GLECKLECH MECHT, DANN ASS ET DAT. L'HISTOIRE DE MON ARRIVEE, COMME CELLE
ECH SINN AWER LO FROU, DATT ECH ET GEMAACH HUNN. A L'ADOLESCENCE, J'AI ENTE
JE ME SUIS DIT: C'EST LA MEME CHOSE QUE LES PEDES EN FILLE, MAIS EN FAIT JE N'I
ECH HU MAI COMING-OUT MAT 50 JOER GEMAACH, WELL ECH VIRDRUN NET WOLLT W
JE ME SUIS REVEILLEE AU MILIEU DE LA NUIT... TOUCHEE PAR LE BAISER D'UNE PEI
EX-MANN, DEN TRAUREG GOELEIST A FROU ASS, MECH NET UN EEN ANERE MANN ZE
VONT PENSER LES AUTRES PERSONNES? DANN SINN ECH IERGENDWANN SECHER, DATT
EN ECH MECH A EE MANN. LE PROBLEME A CETTE EPOQUE ETAIT QU'IL N'Y AVAIT PAS
EMPLE ET MONTRANT QUE C'ETAIT TOUT A FAIT OK. UN MOMENT LONG ET J'AI I
QU'ELLE AUSSI ... NOS CORPS AVAIENT PARLE A NOTRE PLACE. MAIS... AUCUNE DE
MOMENT, SI EN FAIT LE BON MOMENT EXISTE POUR FAIRE SON COMING-OUT

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Homophobia
has a cure:
Education

TALK
TELL
ASK
UNDERSTAND
OFFER
EDUCATE
LEARN AND ENJOY



THANK YOU